

# How to Create a Vision Board...

Vision for your life is not about just coming up with what you think life should be like, but rather agreeing with God's vision for your life and aligning with His purposes. There's never any need to beg God for things you're believing for! All you have to do is start agreeing with Him as He releases revelation to you.

Creating a vision board combined with daily affirmations are a very practical and powerful way to bring your subconscious mind into alignment with what God has for you, who He says you are and what He says you can have. Using these tools literally retrains your brain to pray toward vision rather than praying out of need.

Here are a few of my tips on creating and using a vision board in your transformation process:

- **Get Your Materials Ready**

Grab a colorful piece of poster board along with some nice sharp scissors and some glue or glue sticks. Select a color that is meaningful and inspiring to you because it will be the basis for board.

- **Use Images that Evoke Emotion**

To start selecting beautiful, inspirational, emotion-evoking images, simply grab some magazines you love along with any images you may have found online (be sure to print them out in full color for this project.) You want the images to help you connect both visually and emotionally to the end result. For example, when you see a beautiful beach, you want to make sure you feel what it's like to be there, enjoying that experience, etc.

- **Go Beyond Your Comfort Zone**

Remember, this is a vision board, not a "I already have this board". Dream crazy dreams that you can literally feel inside your being. Don't worry about the how; how you're going to make it happen or accomplish the goal. Simply add images to the vision board that connect you emotionally and visually with your end result.

- **Focal Point**

Place an image in the very center that reminds you of your relationship with God. Keeping your relationship with the Father central to your dreams help you reinforce the idea of His ultimate provision in your life.

- **Add One or Two Affirmations**

The affirmations you choose should be brief, memorable and connect you deeply with the vision God has shown you and should be connected to His promises over your life.

- **What Not To Do**

Don't overload your board with words, this tool is all about evoking emotion through imagery. Don't overload your board with tons and tons of images. Rather, select large, powerful, beautiful, colorful images with which you deeply connect. Clutter invites clutter. Spaciousness invites rest.

- **Use it!**

Place the vision board in a place you'll see it on a daily basis. As you see it each day, drink in the inspiration and take a moment to be thankful for the vision God's given you for your life. Open your mind and heart to receive all the wonderful new things God has for you and don't get caught up on how they will manifest. Simply trust they will as God releases them into your life at the right time.